Admission Requirements

A. Fulfill requirements for BYU Graduate School admission
B. Bachelor’s or master’s degree in Exercise Sciences or a related field with competencies in a majority of the following areas:
   1. College Human Physiology
   2. College Chemistry
   3. College Physics
   4. College Algebra
   5. Kinesiology/Biomechanics (graduate level)
   6. Exercise Physiology / Ex Phys Lab (graduate level)
   7. Human Anatomy (graduate level)
   8. Statistics (graduate level)
C. GPA of 3.5 for last 60 semester hours of academics
D. Satisfactory scores on the GRE – minimum 300 and a 4.0 on the analytical writing portion. GRE scores must be within 5 years.
E. A letter of intent that includes:
   1. Preparation and background for the program
   2. Areas of interest and professional goals
   3. Reasons for career choice
   4. Special qualities and talents that enhance success
   5. Particular reasons for applying at BYU
   6. Statement of research interests
F. Master’s thesis or a publishable research manuscript.

Note: A student who has not completed a master’s thesis is required to complete a publishable research manuscript before beginning work on a dissertation (these hours are in addition to the 4-hour EXSC 797R requirement for the 60-hour program).

Course Work

Minimum of 60 hours beyond bachelor’s degree in addition to all undergraduate prerequisites. No 100 through 400 level classes apply. All doctoral students are expected to engage in a continual program of research during their studies, either original or collaborative, and to present at a regional, national, or international conference or submit a manuscript to a refereed journal. This is in addition to the thesis (or manuscript described above in lieu of a thesis) and dissertation. PhD students are also required to gain teaching experience by teaching or team-teaching appropriate courses in the undergraduate major curriculum.

Exercise Sciences Skill Requirement – 7 credit hours:
STAT 512 Statistical Methods for Research 2 (3)
EXSC 797R Individual Research and Study (4)

Exercise Sciences Required Seminars – 5 credit hours:
EXSC 691 Graduate Seminar (1)
EXSC 693R Graduate Seminar Readings (2)
EXSC 751 Doctoral Seminar: Prof & Scholarly Writing (1)
EXSC 753 Doctoral Seminar: Res & Grantsmanship (1)

Dissertation – 18 credit hours:
EXSC 799R Dissertation (18)

Effective Fall 2017 – Last Updated: August 2016

PhD Degree in Exercise Sciences

Application Deadline: FEBRUARY 1