

Interested in Blood Flow Restriction Exercise?

Volunteer to be in a research study measuring blood flow

Males and females are needed for a study comparing arterial occlusion pressure of the femoral artery.

- Healthy males
- Healthy non-pregnant females who are not on oral birth control
- 18-35 years old

Participation will require one visit (about 90 min) to the lab in the Smith Field House to measure arterial occlusion pressure in both legs using two different protocols. Ultrasound measures of femoral artery occlusion pressure will occur on the inner thigh. During the measurement of arterial occlusion pressure, heart rate will be monitored with an ECG and blood pressure will be monitored continuously using an automated blood pressure recording device placed on the finger tips.

If you complete all of the measurements, you will receive \$20-\$25.

For more information contact:

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