

Department of Exercise Sciences — Advisement Responsibilities

[Faculty Office Hours](#)

Life Sciences Advisement [College of Life Sciences](#)

Life Sciences Advisement
2060 LSB | 801-422-3042
E-mail: lifesciences@byu.edu
Website: <https://lsa.byu.edu/>

Office Hours
M–F
8:00 a–5:00 p

Beginning point for advisement and

- Declare major, major advisement, AIPs
- Course selection, scheduling
- Graduation applications
- Transfer students, course substitutions, waivers
- GE questions, how to thrive at BYU, postgrad planning

BS Exercise & Wellness (student is CURRENTLY a major)

Carol Stepan (Last Names A–G)
Farris Child (Last Names H–Z)
2060 LSB | 801-422-3042
lifesciences@byu.edu

- Declare major, major advisement, AIPs
- Course selection, scheduling
- Graduation applications
- Transfer students, course substitutions, waivers
- GE questions, how to thrive at BYU, postgrad planning

Dr. Bruce Bailey
267 SFH | 801-422-8674
bailey.bruce@gmail.com

Review/Approval course substitutions and waivers
Transfer classes
Faculty Signatures

BS Exercise Science (student is CURRENTLY a major)

Carol Stepan (Last Names A–G)
Daniel Dearden (Last Names H–L)
Monica Eastman (Last Names M–Z)
2060 LSB | 801-422-3042
lifesciences@byu.edu

- Declare major, major advisement, AIPs
- Course selection, scheduling
- Graduation applications
- Transfer students, course substitutions, waivers
- GE questions, how to thrive at BYU, postgrad planning

Dr. Pat Vehrs
228A SFH | 801-422-1626
pat_vehrs@byu.edu

Review/Approval course substitutions and waivers
Transfer classes
Faculty Signatures

Dr. Ulrike Mitchell
268 SFH | 801-422-3344
rike_mitchell@byu.edu

(interested in Physical Therapy school ONLY)

Exercise Sciences Internships **INTERNSHIPS ONLY** (student is CURRENTLY a major)

Mandy Christensen
228C SFH | 801-422-0588
mandy_christensen@byu.edu

INTERNSHIP COORDINATOR
Department Internship Website
<https://exsc.byu.edu/internships/getting-started>
IRAMS issues ([online application](#))
Approvals
[Master Agreements](#)

Integrated BS Exercise Science/MAT (student is CURRENTLY a major)

Dr. Mike Diede

274 SFH | 801-422-2145

mike_diede@byu.edu

All majors

Dr. Aaron Wells

228E SFH | 801-422-4776

aaron_wells@byu.edu

All majors

Farris Child

2060 LSB | 801-422-3042

lifesciences@byu.edu

- Declare major, major advisement, AIPs
- Course selection, scheduling
- Graduation applications
- Transfer students, course substitutions, waivers
- GE questions, how to thrive at BYU, postgrad planning
- Timing, planning, and prep for Integrated MAT

GRADUATE ADVISEMENT

Dr. Ulrike Mitchell

268 SFH | 801-422-3344

rike_mitchell@byu.edu

Graduate Coordinator

MS Exercise Sciences

PhD Exercise Sciences

Dr. Mike Diede

274 SFH | 801-422-2145

mike_diede@byu.edu

MAT (Master of Athletic Training)

Entry level degree

No Thesis or Research required

Preprofessional Advisement Center

KrisTina Carlston

3328 WSC | 801-422-3044

[Schedule Appointment](#)

Director

St Dev 470 2-cr elective

Health Professional School Applications

Dr. David Kaiser

3328 WSC | 801-422-3044

[Schedule Appointment](#)

Premed and Predent Advisor

St Dev 271 1-cr elective, St Dev 470 2-cr elective

Prerequisites for Health Professional Schools

Health Professional School Applications

Kye Barnett

3328 WSC | 801-422-3044

[Schedule Appointment](#)

Premed Advisor

St Dev 272 1-cr elective, St Dev 470 2-cr elective

Prerequisites for Health Professional Schools

Health Professional School Applications

Career Services & Advisement

Candilyn Newell, PhD

2060F LSB | 801-422-6935

candilyn_newell@byu.edu

University Advisor for CLS

Resumes, Cover Letters, Job Search, Interviewing, Networking, and Professional Presentation & Engagement, Personal Statements, Letters of Intent, Grad School Preparation

St Dev 317—Career Strategies 2-cr elective

St Dev 318—Graduate School Prep 2-cr elective

St Dev 319—Professionalism 2-cr elective